

# Fortified Chocolate Milkshake

343.00g / Portions: 1 / Per Portion: 343.00g

Fortified chocolate milkshake recipe which should only be provided to those at risk of malnutrition.

## Pricing

Dish Cost:	£0.52
Desired Gross Profit %:	0%
Suggested retail price including Tax:	£0.52
Suggested retail price excluding Tax:	£0.52
<b>Desired menu price point:</b>	<b>£0.00</b>
Calculated Gross Profit:	£0.52




## Ingredients

Item	Qty	Unit	Cost
Fortified Milk	260	ml	£0.31
Triple Chocolate Ice Cream	68	g	£0.13
Chocolate Sauce	1	tbsp (15g)	£0.08
<b>Total Cost</b>			<b>£0.52</b>

## Timing

Prep Time:	00:00
Cook Time:	00:00

## Allergens

Milk 	(Fortified Milk) (Triple Chocolate Ice Cream)
Soya 	(Triple Chocolate Ice Cream)

No allergens present

Nutrients	Portion	100g
Energy	826.90kcal	241.08kcal
Salt	0.35g	0.10g
Fat	12.47g	3.64g
Saturated fat	8.51g	2.48g
Carbohydrate	31.53g	9.19g
Sugar	25.99g	7.58g
Protein	10.38g	3.02g
Fibre	0.34g	0.10g

## Method

### Step One

- Add all ingredients to blender or shaker and mix together until smooth.
- Serve as desired.